**N452 Aging & Health BSN@Home**

**Course Syllabus**

**Spring 2022**

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**Course Description**

Explore normal aging and lifestyle factors that promote optimal aging or lead to health alterations. Examine coping and facilitation of elders’ achievement of health goals.Shifting Perspectives About Aging Populations.

**Nursing 452/490—Aging and Health**

Student Learning Outcomes

1. Differentiate between physiological changes due to aging and those resulting from lifestyle choices.
2. Identify primary and secondary interventions (therapeutic and teaching) throughout the lifespan that promote healthy aging.
3. Demonstrate communication skills that are health literate, timely, and culturally sensitive, and that accommodate physiological changes.
4. Describe a nursing systems approach to health promotion and self-care among elders.
5. Analyze issues and trends affecting the aging population though end of life.

**Course Materials**

Miller, C. A. (2019). *Nursing for wellness in older adults* (8th ed.). Philadelphia: Wolters Kluwer. ISBN: 978-1-4511-9083-0.

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7th ed.). Washington, DC: Author.

**Other additional materials will be provided within modules.**

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| --- | --- |
|  **Assignment** | **Percentage** |
| Nursing home evaluation discussion | 10% |
| Elder interview | 25% |
| Reflections/Assignments/case studies/in class work | 30% |
| Discussions  | 25% |
| Attendance and engagement in course | 10% |
| **Total** | **100%** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Percent** | **Points** |  | **Percent** | **Points** |
| A |  |  | **A** | 94-100 |  |
| AB |  |  | **A-** | 90-93 |  |
| B |  |  | **B+** | 87-89 |  |
| BC |  |  | **B** | 84-86 |  |
| C |  |  | **B-** | 80-83 |  |
| CD |  |  | **C+** | 77-79 |  |
| D |  |  | **C** | 74-76 |  |
| F |  |  | **C-** | 70-73 |  |
| There are differences in the final letter grade scales between campuses. UW-Madison and UW-Green Bay use an A/AB grading scale. UW-Oshkosh, UW-Milwaukee, UW-Eau Claire, and UW-Stevens Point use an A/A- scale for final letter grades. If you have questions, please contact your instructor. | **D+** | 67-69 |  |
| **D** | 64-66 |  |
| **D-** | 60-63 |  |
| **F** | <60 |  |

# Course Format:

Students are expected to be active participants in the learning process by assuming responsibility for their own learning, being active participants in the online classroom, and working collaboratively with others in the course. The role of the faculty is to facilitate students’ learning. Teaching strategies may include asynchronous lecture, Zoom meetings, readings/articles, online discussion, small group work, and written assignments. All course-related materials are located on Canvas. Students must have computer with web cam and internet access for best success. **Only campus email addresses will be used for communication and Zoom.**

**Course Calendar:** Please refer to Course Calendar for assignment deadlines and other weekly activities.

**Participation**: Students will be expected to:

-complete required readings prior to meeting and assigned activities.

- share perspectives online, engage online.

- answer questions posed using reasoning and sound rationale.

- ask questions relevant to course content; that are based in critical thinking; and that contribute to increased understanding of the issues.

- Attend all class sessions, with camera on and engaged, more info below.

**Participation/engagement/attendance: 5 points per class attended.**

**Participation: prepared for class, active participant, engaged in Zoom/Discussions or course work online.**

**Online engagement: discussions, viewing recorded lectures, time commitment and overall engagement in class. For credit, you will need to login to UWSP with your credentials to enter Zoom, live and archives.**

**Course Policies**

**To assure success in this course, several strategies are recommended:**

1. Complete all assigned readings prior to the class in which they are covered. These will be outlined in the class schedule and/or given in class.

2. Print theCourse Calendar to stay organized.

3. Use the resources provided in CANVAS for guidance and to ensure the quality of work.

4. Read assignment guidelines and rubrics before beginning work on learning activities. Review criteria frequently to ensure completeness and understanding of assignment expectations.

5. Read all e-mails and the announcements in CANVAS. Students are responsible for any information in either of these formats.

6. Contact instructor whenever necessary for clarification of student expectations.

**Late assignments:** Late assignments will be docked 10% each overdue day, including weekends.

**Statement of Student Time Commitment**

For each course credit, students are expected to spend a minimum 3 hours/week on coursework. Therefore, for a three-credit 16 week course, at least 9 hours/week is expected. This is a general guideline which may vary depending on the assignments &/or quizzes. Should course be offered in shorter 8 week timeframe, use 3 hours/3 credit rule and multiple x2. (18 hours/week)

Turnitin:

Instructors at UWSP use a software program called Turnitin® to check student work for plagiarism. The program is an instructional tool for students as well as they learn how to properly use research in their written work, from correct citation to creating accurate reference lists. Student assignments will be automatically submitted and an originality report will be produced. Papers with an originality report over 18% need revisions and citation corrections to bring the count below this number. Reports can take several hours to generate, therefore time must be built in to make necessary revisions before the paper due date.

### APA Style

Whenever ideas or information are taken from a reference source, they must be properly cited using APA format. This would apply to any written work in the course, including papers and the submissions to the discussion forums. APA format for formal papers includes title page, pagination, section headers, in-text citations, and a ‘References’ page. All documents must be submitted in Word (.doc or .docx) or Rich Text Format (.rtf).

A brief summary of the APA publication format is available online from the Online Writing Lab at Purdue University: [APA Style Introduction // Purdue Writing Lab](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html)

**Academic Integrity Policy**

Students who engage in academic misconduct are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. Academic misconduct includes but is not limited to cheating, plagiarism, collusion, and submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such act.

U of Wisconsin System Code (UWS Ch. 14-14.03 (2) provides specific examples of academic misconduct and reads in part: "Examples of academic misconduct include, but are not limited to: cheating on an exam; collaborating with others in work presented, contrary to the stated rules of the course; submitting a paper or assignment as one’s work when a part or all of the paper or assignment is the work of another; submitting a paper or assignment that contains ideas or research of others without appropriately identifying the source of those ideas ... knowingly and intentionally assisting another student in any of the above ..." The code is available at <http://docs.legis.wisconsin.gov/code/admin_code/uws/14.pdf>.

U of Wisconsin campuses have specific procedures to investigate and deal with academic misconduct.

**Plagiarism**

Because of paper mills selling reports, Web pages, and full-text online databases, instances of plagiarism are increasing on campuses. Using someone's words without quoting the person is plagiarism. Using someone's ideas, even though the person’s words are different from your words, without citing the source is plagiarism. Use in-text citations to cite your sources. For example, if you use the ideas cited in an article, place the author and publication year (e.g. Smith, 2010) at the end of the sentence. UW-System has subscribed to software that helps detect instances of plagiarism. Plagiarism will result in a failing grade. Reports of plagiarism are also made to University administration.

**Netiquette**

All members of the class are expected to follow the rules of common courtesy with all online correspondence. Be careful of the tone and content of online communication. Without facial expressions and voice inflections, misunderstandings can occur and the comments can be deemed as inappropriate or offensive. Unacceptable online conduct includes, but is not limited to, postings that are racist, derogatory, inflammatory, condescending, rude or in any way offensive. Persistent abuse of online etiquette may result in disciplinary action.

[The Core Rules of](http://www.albion.com/netiquette/corerules.html)Netiquette (<http://www.albion.com/netiquette/corerules.html>).

**Confidentiality**

When communicating information online or face to face based on personal or work-related experiences, keep in mind rules and policies of Family Educational Rights and Privacy Act (FERPA) and Health Insurance Portability and Accountability Act of 1996 (HIPAA). It is expected that students will judiciously protect the privacy of patients, peers, family, or agency/institution by not disclosing confidential information outside of the course. To maintain anonymity methods such as alias or initials should be used. For more information on these laws, please refer to the following Web sites:

FERPA <http://www2.ed.gov/policy/gen/guid/fpco/ferpa/students.html>

HIPAA <http://www.hhs.gov/ocr/privacy/hipaa/understanding/summary/index.html>

**Social Media Policy**

Consistent with American Nurses Association (ANA) principles for social media, whatever is posted on a social media site (Facebook, Twitter, YouTube, LinkedIn, etc.) instantly becomes available to the public, so keep content appropriate and confidential matters private. Regardless of the privacy settings, content can easily be made available to those outside of the user’s preference settings. Be aware that all University and legal guidelines, such as Family Educational Rights and Privacy Act (FERPA) and Health Insurance Portability and Accountability Act of 1996 (HIPAA), also apply in social media sites.

The following is adapted from the American Nurses Association (ANA) Principles for Social Networking:

**1.** Nurses must not transmit or place online individually identifiable patient information.

**2.** Nurses must observe ethically prescribed professional patient — nurse boundaries.

**3.** Nurses should understand that patients, colleagues, institutions, and employers may view postings.

**4.** Nurses should take advantage of privacy settings and seek to separate personal and professional information online.

**5.** Nurses should bring content that could harm a patient’s privacy, rights, or welfare to the attention of appropriate authorities.

For more information: <http://www.nursingworld.org/FunctionalMenuCategories/MediaResources/PressReleases/2011-PR/ANA-NCSBN-Guidelines-Social-Media-Networking-for-Nurses.pdf>

**Student Bereavement Policy**

Students who experience the death of a loved one should contact the faculty to arrange an excused absence.

Disability Policy

Any student seeking accommodations under the Americans with Disabilities Act (ADA) should contact the [Disability Services](http://www.uwgb.edu/ds/) office on your home campus within the first week of the semester so that appropriate accommodations may be arranged.